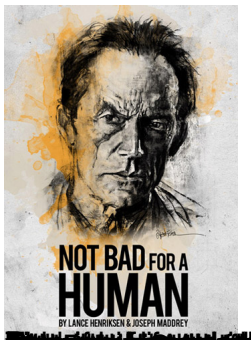
In today’s world of cookie-cutter entertainers and careers launched via reality TV, it is very rare to find a true Hollywood original—someone who scratched and scraped their way out of obscurity the old-fashioned way, and brought their passion to the masses by sheer force of will. However, there can be no question that one such man is Lance Henriksen, and his story is now officially being told in his autobiography NOT BAD FOR A HUMAN: THE LIFE AND FILMS OF LANCE HENRIKSEN.

The unmistakable actor with the face carved from stone, who has become a beloved genre icon thanks to appearances in films like ALIENS, NEAR DARK and PUMPKINHEAD, and of course the cult-favorite TV series MILLENNIUM, recounts his personal saga in eminently readable fashion, drawing the reader in from the word go and never letting up. There can be no doubt that this man has led a compelling life, and as his 70th birthday approaches this Thursday, May 5 (also the date of the book’s publication by Bloody Pulp Books), this chronicle provides a fascinating look back on his amazing life and career. Joining Henriksen on writing duties is Joseph Maddrey, the documentarian behind NIGHTMARES IN RED, WHITE AND BLUE, an excellent film on the history of horror movies. That film was narrated by Henriksen, and it was during that time that the two men formed the bond that would lead to this book. And it’s a good thing for any fan of Henriksen and his work that that happened.



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